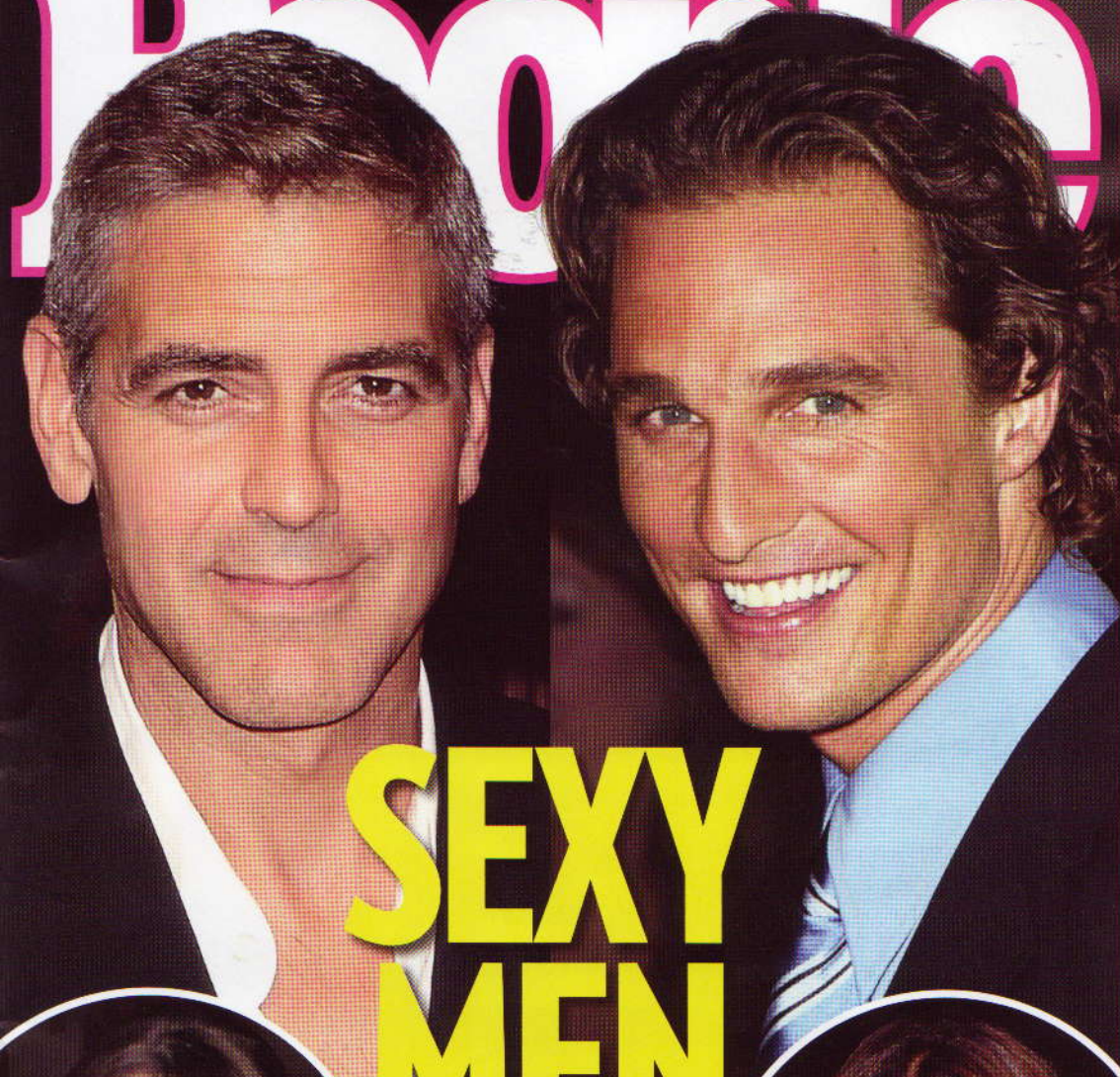


# People



## SEXY MEN IN LOVE!

HOW THESE REAL WOMEN STOLE THEIR HEARTS



SARAH LARSON



CAMILLA ALVES



KATIE HOLMES  
Pregnancy Rumors



JULIA ROBERTS  
Fab at 40!



KIEFER SUTHERLAND'S  
Struggle with Alcohol



# Books

## Living with a Transplanted Heart

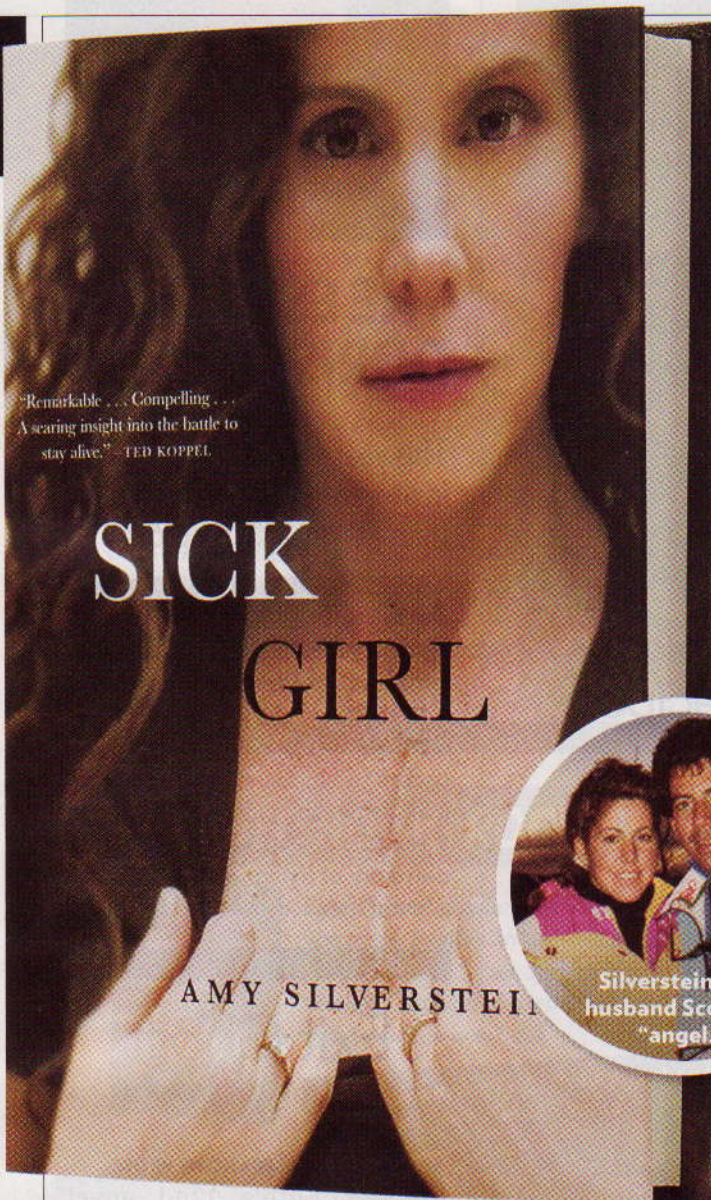
SICK GIRL

by Amy Silverstein | ★★★

REVIEWED BY KIM HUBBARD

MEMOIR

An interesting fact about having someone else's heart in your chest: Even after 19 years, the span author Silverstein, 44, has survived post-transplant (she was given 10 years max), it doesn't feel like yours. "My nerve-deprived heart gives me the terrifying sense of impending ventricular fibrillation," she writes. "I feel it all the time." As this compelling memoir makes clear, that's the least of her medical miracle's downsides. Silverstein's fainting spells began in law school. Diagnosed with severe cardiomyopathy, she had a transplant at 25 followed by a new normal: infections, nausea-inducing immunosuppressants and fear of the artery disease that ultimately strikes most transplant patients. And then there was the strain of staying plucky for friends. "My popularity was assured," Silverstein writes, "only so long as I played the ever-resilient patient." Though you can't begrudge her the self-pity, it sometimes grates. Still, her humor and devotion to her husband and son see her (and us) through, and by the end you'll be rooting for her next 20 years.



“With the squeaking by of each unlikely year,” Silverstein writes, “I felt more and more vulnerable.”

### STAR PICKS: AUDIO



**BONES' EMILY DESCHANEL**  
What I love is David Sedaris. *Naked and Dress Your Family in Corduroy and Denim*—hearing him read his books is the best.



**CEDRIC THE ENTERTAINER**  
My wife picked *The Devil Wears Prada*. As a guy you go, “Not that.” But you get hooked. I’m like, “Let’s stay in the car two more blocks!”



**EMMA ROBERTS**  
My aunt [Julia] reads *The Nanny Diaries*, and I had no idea. I was thinking, “Who is this? She sounds so familiar!” I told all my friends. It was embarrassing.